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# **Metal-Metal Hip Prosthesis and Kidney Cancer: Assumed Role of Chromium and Cobalt Overload**

Authors' Contribution-Study Design A Data Collection B Statistical Analysis C Data Interpretation D Manuscript Preparation E Literature Search F Funds Collection G

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fund and the Auvergne-Rhône-Alpes region

Patient: Female, 68-year-old **Final Diagnosis:** Bilateral renal carcinoma

Symptoms: Bleeding of renal track • discomfort

**Medication:** 

**Clinical Procedure:** Cancer nodule removal • prosthesis replacement • radiotherapy

Specialty: **Neurology • Orthopedics and Traumatology** 

**Objective:** Unusual clinical course

**Background:** The case of a patient with bilateral renal cancers diagnosed at 94 and 120 months after metal-on-metal hip

placement may serve as a warning. It suggests that there may be a need for kidney echography observation

of patients with similar types of prostheses.

Case Report: A 61-year-old woman received a metal-on-metal hip prosthesis for degenerative arthritis in January 2007.

> In November 2014, after bleeding from the renal tract, she was diagnosed with clear cell carcinoma of the right kidney. When she returned to her orthopaedic surgeon 1 year later, a blood test showed a serum cobalt level that exceeded the French medical agency recommendation. After the patient's metallic acetabulum was replaced in September 2015, her blood cobalt level fell. However, in February 2017, she was diagnosed with adenocarcinoma of the left kidney. Laser-induced breakdown spectroscopy (LIBS) showed cobalt, chromium, and

silica overload in both the patient's kidneys despite the drop in serum levels.

Conclusions: In this case, exposure to a cobalt-chromium implant with high particulate wear, LIBS results showing chromi-

> um overload of the kidneys, diagnosis of renal cancer at 7 years, 10 months and 10 years in a patient with a metal-on-metal hip prosthesis suggests that there may be a causal relationship between the implant, carcino-

genic chromium intoxication, and development of renal cancer.

MeSH Keywords: Hip Prosthesis • Kidney Neoplasms • Metal Nanoparticles • Nephrology

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# **Background**

A hip joint prosthesis may generate metal or polyethylene wear particles, which can lead to locoregional or systemic reactions such as metallosis, granuloma or aseptic loosening [1-5]. Since 2008, national registries in several countries [6,7] have shown that metal-to-metal prostheses are associated with more revisions than conventional metal-polyethylene prostheses. Incidence of revisions is reported to be 30% after 17 years for metal-on-metal prostheses carrying with a high head diameter greater than 32 mm, versus 5% to 15% for conventional prostheses [8]. In 2012, the French Agency of Health Safety of Medical Devices (AFSSAPS) [9,10] advised orthopedic surgeons to perform cobalt testing on patients with metal-onmetal hip prostheses with large heads and to counsel them about removal if the results showed a cobalt level greater than 10 μg·l<sup>-1</sup>, which is suggestive of excessive wear. They only identify a risk for people allergic to metals, with a higher risk of metallosis, and for women in childbearing age because metallic ions could have effects on the embryo [11]. Here, we present a case study that suggests a causal relationship between chromium intoxication and bilateral renal cancer.

# **Case Report**

In January 2007, a 61-year-old woman with degenerative arthritis received a metal-on-metal hip prosthesis with a head diameter of 28 mm. Her body mass index (BMI) was 31.07 (reported as obesity), her systolic blood pressure was 182 mmHg, and her diastolic blood pressure was 74 mmHg. In November 2014, she presented with bleeding from the renal tract and a urologic checkup with echography revealed a voluminous lesion inside the right kidney. In January 2015, a nephrectomy was performed. A pT3a renal clear cell carcinoma (RCC) measuring  $10.2 \times 6.7 \times 5.5$  cm with extension to peri-renal fat and tracking conduct without extension to the lymph node was removed.

In May 2015, the patient was seen by her orthopedic surgeon after he received a warning from the AFSSAPS about risks linked to metal-on-metal prostheses. At that time, she had some discomfort when pressure was applied to or she slept on her right side. Hip x-ray showed no anomaly but the patient's serum cobalt level was 13.39 nmol/L. Based on the AFSSAPS recommendations, the surgeon recommended replacement of the prosthesis. The surgery was performed in September 2015. The original implant was replaced with an ultra-high mass weight polyethylene cotyle and a cobalt chromium head with a diameter of 28 mm.

In December 2015, during a check-up for RCC, a nodule was detected in the patient's left lung. It was surgically removed in May 2016 and subsequently identified as a secondary RCC

lesion. In February 2016, a blood test showed that the patient's cobalt blood level had gone down to 3.7 nmol/L.

A year later, renal echography revealed a 24-mm suspect nodule on the woman's left kidney. Puncture identified another RCC, but because of it's aggressive pathology, it was difficult to determine whether the mass was a new cancer or a secondary metastasis. That tumor was treated with focal external radiation therapy.

The embedded paraffin block from the patient's first nephrectomy was sent to Minapath Development for detection of potential mineral particles in the parenchyma by scanning electron microscopy coupled with energy-dispersive x-ray spectrometry (SEM-EDX) and then by laser-induced breakdown spectroscopy (LIBS, ABLATOM, Villeurbanne, France). Three kidney samples from the Lyon's Forensic Institute, which families have authorized for use in research, were used as references.

SEM-EDX did not identify chromium or cobalt particles, but LIBS analysis showed chromium, cobalt, and silicon overload levels of 72.5, 27.1, and 6.1 times higher, respectively, than the average in the three control kidneys (Figure 1).

The patient completed an in-depth questionnaire about occupational and environmental exposure to minerals, which failed to identify specific exposure except that she had worked for about 8 years in a school that probably contaminated by asbestos. (One co-teacher there presented with mesothelioma).

### **Discussion**

A search of the literature failed to identify any other studies reporting a connection between hip prostheses and renal cancer. However, an association between hexavalent chromium and colorectal, stomach, and prostate cancer has been documented [12-14]. When placed in an oxidative medium, bulk chromium develops a thin layer of passivation [15]. This layer consists of chromium oxides that protect the material, but it can be worn off by friction. Chromium (VI) compounds are classified as Group 1 carcinogenic agents by the IARC [16] with renal elimination, and accumulation of this material in the renal parenchyma may induce development of tumors. The proximity between the particles and the tumor as well as the plausibility of an RCC due to the demonstration of the carcinogenic effect of hexavalent chromium on other organs provides support for seriously considering a causal relationship between exposure to this element and the tumor observed, despite the presence in this patient of other risk factors such as high BMI and hypertension.

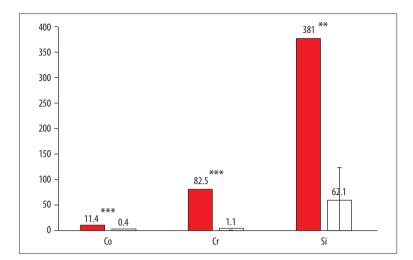


Figure 1. Concentration in spots/cm² of different elements obtained by LIPS. White box – reference, red box – patient sample. Asterisks represent significance level: \*\* 0.01 and \*\*\* 0.001.

Mineralogical analysis of tissue from a cancer-bearing organ by digestion or by *in situ* studies can identify the pathogenic mineral agent, as has been well demonstrated in reports on the search for asbestos bodies [17].

In the patient described in this case, the SEM-EDX study of a 5-µm section of renal tissue compared to that of three renal tissues of Lyon Forensic Institute patients did not show specific chromium overload because our microscope only allows for visualization of micron-size particles, and not circulating ions or nano-size particles in the tissue. By contrast, LIBS analysis of the surface of the same paraffin block can identify elements in ionic form, such as chromium [18,19].

The association of exposure to a cobalt-chromium implant with high particulate wear, a demonstration by LIBS of a chromium overload of the kidney and the occurrence at 7 years and 10 months and 10 years of two kidney cancers supports a possible causal relationship between prosthesis implantation, carcinogenic chromium intoxication, and renal cancer.

It is particularly alarming to note that despite a reduction in blood chromium level after implant removal, particles continued Acknowledgements

**Conclusions** 

We thank ALCTMP, the Auvergne-Rhône-Alpes region and the European FEDER fund for funding the project and ABLATOM (Villeurbanne, France) for the LIBS analysis.

#### Conflict of interest

Dr. Michel Vincent is CEO of Minapath Development.

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to be fixed in the renal parenchyma, placing the patient at continued high risk of cancer of the kidney.

Given the high risk of chromium dissemination and despite

the reduced incidence of metal-on-metal hip prosthesis place-

ment, this index case should prompt retrospective studies with

a large group of patients over a long period of time. If oth-

er cases of kidney cancer are confirmed, patients with significant cobalt levels should undergo regular renal ultrasound

monitoring to ensure early detection and management of RCC.

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